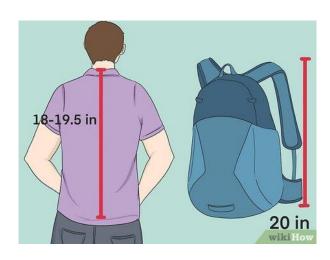


Walking Kit In Rucksack List:

Your Rucksack needs to be: Suitable size for the Scouts Back and have a supportive waist strap



Item	Qty	Check
Waterproof Jacket	1	
Waterproof Trousers	1	
Sun Hat	1	
Dry Bags	2	
Metal Water Bottle	1	
Whistle	1	
Survival Bag	1	
Personal First Aid Kit	1	
Emergency Food (Cereal Bar, Protein Bar)	2	

To be Worn:

Item	Qty	Check
Walking Boots	1 Pair	
Walking Socks	1 Pair	
Sun Hat	1	
T-Shirt	1	
Jumper	1	
Walking Trousers (NO JEANS)	1	

Scouts should pack their own bags (so they know what they have brought!).

Parent involvement is expected please to ensure scouts do not bring, Phones, iPads, electronic games or other electronic devices – these are easily damaged, dropped or soaked & we cannot take any responsibility for these items.